

Virtual Teaching Assistant Newsletter

Hello fellow students, Liam here from www.virtualteachingassistant.com

I have an extra special newsletter for you today. Due to our amazing success I've given some lucky subscribers to the email newsletter a free month of tutoring on me! Read the entire email to find out if your one of the lucky winners.

The success of the VTA Method has been amazing with more and more students joining everyday across the world. This now makes us the fastest growing tutoring service in the world! With that said, here at the virtualteachingassistant we are running out of staff! If you have anyone who is a graduate student with teaching assistant experience we are looking for you! Pass along our email to hr@virtualteachingassistant.com

In this Issue:

- How to manage your facebook addiction
- **The secret of Brazilian Guarana as a study aid**
- How to get unlimited fresh air and become 20% more productive
- I answer your questions

How to Manage your Facebook Addiction:

A recent study found that facebook users had GPAs between 3.0 and 3.5 whereas non-users had GPAs between 3.5 and 4.0. Also non facebook users devoted 11-15 hours weekly to study whereas facebook users spend one to five.

There is an obvious correlation between facebook and academic success. The safe bet would be to delete your networking sites to preserve your mark. However, there is another important factor that you have to take into consideration. **People who don't use facebook are unpopular and usually dorks.**

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Guarana use for all nighters:

Need to pull and all nighter and not have a caffeine high ?

Brazilian students in university commonly use Guarana em Po, powdered guarana an amazonian plant.

I first was shown how to use it when visiting in Brasil the students at CEUMA <http://www.extranet.ceuma.br/principal.asp> in the Canadian studies program introduced

me to how they use guarana to get through the pressure of the vestibular entrance exams and then the writing of papers for professors.

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How to get unlimited fresh air and be 20% more productive overnight

I live in Canada which for 6 months out of the year becomes a barren wasteland of snow, little sunlight and general depression. We usually spend those months locked inside our homes, as a consequence we are exposed to stale air which reduces our study efficiency and reinforces seasonal affective disorder.

I found a solution to this problem the same way I solve many of my other problems, I looked at India. India's urban areas have some of the highest ratios of air pollution throughout the developed world. Some have found the solution through the proper management of common houseplants to offset indoor pollution and solve many common breathing problems.

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I answer you Questions

I have gotten tones of emails from you all, asking questions on how to further maximize your academic success and I'll be answering some here today.

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[Click here to find out if you're a winner!](#)

Produced by:

www.virtualteachingassistant.com

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